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## 2017 marked SeniorServ's 50th Anniversary year!

Although a lot has changed since SeniorServ's humble beginnings in 1967, one thing that has been constant is our unwavering commitment to helping older adults stay in their homes, preserve their dignity, and maintain their independence. With your support, we do this by bringing them healthy meals and by providing friendship, companionship, practical help, and, for some, the only human contact they have all week long.

Because of your support, we were able to provide over 900,000 meals and supportive services this past year. That means:

- More than 640,000 meals were served to nearly 1,300 hungry, lonely, homebound seniors.
- 273,000 nutritious lunches were provided to 7,200 older adults in 24 senior centers.
- 600 volunteers spent 86,846 hours delivering meals and providing caring, supportive visits to at-risk seniors.
- Approximately 250 clients attended our Adult Day Services programs, allowing them the
  opportunity to socialize and receive care and nutritious meals outside the home, while
  giving much-needed time off to their family caregivers.
- 186 clients received coordinated care and support, lowering hospitalizations and improving quality of life and independence.

Isolation, loneliness, depression, disease, and malnutrition can feel like "seismic" shifts to many of the older adults we care for at SeniorServ. Their realities are altered while they aren't looking.

Our meal programs, friendly visitors, and supportive services are here to help.

Each and every day, we meet practical needs and redefine reality for thousands of seniors. We are grateful for your continued support and depend on it now more than ever, because the funding landscape is challenging every year, and this year is no exception. Government funding continues to be at risk, and grants for senior safety-net programs like ours are becoming fewer. It's only because of people like you that we were able to provide nourishment in the form of nearly 1 million meals and nurture to approximately 9,000 seniors this year.

Together, we have the power to redefine the reality of at-risk seniors by supporting them so they may keep living with the dignity and independence they deserve. We can't do this alone, but we can do it **together!** 

Holly Hagler President & CEO

Mary Ann Vincent Board Chair

# SeniorServ's clients express how YOUR support "enriches their spirits"

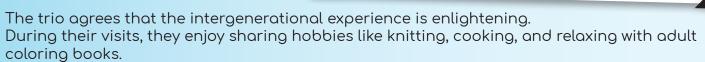


## Care and Companionship

Maria attends SeniorServ's Adult Day Health Care center and can't imagine a better way to spend her days while her daughter works. The 81 year-old feels the biggest benefit from coming to the center is being surrounded by friendly people. Maria's daughter, Emelia, shares her mother's sentiments and loves the peace of mind that comes from knowing she is safe and happy. Emelia said, "The center keeps my mom busy with activities which helps keep her healthy. Every weekend when our family gathers, Mom talks about the activities, the staff, and her many friends."

## Tuesdays With Moyra Friendly Visitor

Tuesdays are a special day for 90 year-old Moyra and SeniorServ's mother/daughter friendly visitor duo, Leanne and Harmony. On this day each week, the three generations gather in Moyra's home to chat, share interests, and compare their unique life perspectives.



Moyra, who has been receiving SeniorServ's Meals on Wheels for many years, especially enjoys hearing the viewpoints of 16 year-old Harmony. "It's fun having a teenager around!" said Moyra. "I very much appreciate the chance to make new friends."

### Comfort Food Meals on Wheels

Shirley has lived in her home for 54 years, but now, debilitating back pain makes it impossible to stand long enough to get out to shop or prepare meals for herself. Recently when the 86 year-old discovered billowing black smoke erupting from a forgotten pan of soup, she knew the days of using her stove were over.

SeniorServ understands that times are tough for Shirley and we are here to help. Our nutritious Meals on Wheels are delivered daily with a smile and the hope that they will help Shirley remain living in her beloved home as long as possible. Shirley said, "I am so grateful for SeniorServ. I don't know what I would do without them."



## Lunch Program Enriches Spirits Congregate

Corinna recently celebrated her 90th birthday with dear friends at SeniorServ's Lunch Program, where she has been a regular attendee for many years. In a letter, Corinna expressed what the lunch program means to her:

"Senior Serv's Senior Center Lunch Program has been a godsend to so many seniors. It not only provides nutritious, tasty food, but also enriches our spirits. It's served in the wonderful atmosphere of a senior center where we congregate, meet dear friends, and greet new ones. Thank you for the excellent service, care, and attention dedicated to us seniors. On their behalf, I pray that funding will continue to carry on for this absolutely essential program."



## SeniorServ's Continuum of Care

SeniorServ has a long-standing history of providing programs and services that reduce hunger and isolation, and improve wellness for impoverished Orange County seniors striving to remain in their own homes. Through the years, we've served tens of thousands of older adults. We've seen many of them through each step of what we know as SeniorServ's Continuum of Care, a model providing multiple types of programs and services that support independent living for various levels of need.

#### Senior Center Lunch Program

SeniorServ's lunch program is designed for the relatively active older adult who enjoys "eating out" at their local senior center.

#### Volunteer Services

Volunteers provide a vital network of caring friendship and support for isolated older adults living independently in the OC community. Our volunteers give their time and talent to powerfully impact the lives of older adults in meaningful ways.



#### Care Coordination

Care Coordination provides a menu of care services to both the health care and private sectors aimed at keeping people in their homes and reducing hospital readmissions.

## Meals on Wheels (MOW) and Case Management

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Our MOW program nourishes frail, socially isolated, homebound seniors by delivering three meals a day, five days a week. These seniors get more than just a meal. They also receive case management, in-home services, and referrals to other resources.

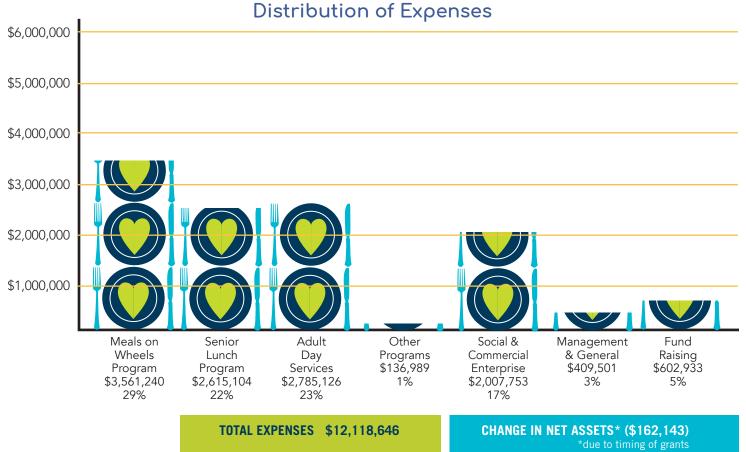
#### Adult Day Services

Our Adult Day Health Care centers in Anaheim and Santa Ana keep families together by offering safe supervision and therapies five days a week for adults with health or mental/physical disabilities.

Our Adult Day Care in Buena Park is a social model providing supervision, nutrition and activities for older adults with mild cognitive impairment.

### Financial Charts





### A Heartfelt Thank You to Our Dedicated Supporters!

Gifts of \$250 or more received 7/1/2016 through 6/30/2017

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## Vision

A world that honors people throughout life.

#### Compassion

We are caring and compassionate in all we do.

#### Integrity

We are always honest and ethical.

#### Respect

We treat every person with dignity and respect.

## Mission

To nourish the wellness, purpose, and dignity of seniors and their families in our community.

#### Innovation

We create an environment where innovation and possibilities thrive.

#### Communication

We listen and speak openly with each other.

#### Excellence

Values

We deliver on our mission with excellence and professionalism.



## Headquarters and Commercial Kitchen

1200 N. Knollwood Circle Anaheim, CA 92801 (714) 220-0224

Meals on Wheels & Case Management

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